

DAILY RESEARCH RECOMMENDATION

["BASIC INDEX"] BUY SENSEX 82000 PE @ 140 FOR THE TARGET 180-200-220 sl 70

29-1-2026

11:54 AM



Description: Trend: Weak / consolidation breakdown attempt, **Index below 82050–82100** supply, PE getting support, **Option structure:** Higher low formed near 120, momentum building , **hence I recommend NIFTY PE**

Status- SL HIT

29-1-2026

12:30 PM

["BASIC INDEX"] BUY SENSEX 82300 CE @ 190 FOR THE TARGET 260-300-400 SL 50

29-1-2026

1:17 PM



Description: Spot Sensex is holding above **82,300–82,350**, which is an important intraday support. Structure is **higher high – higher low** on the spot chart → bullish bias still intact. **82300 CE** already showed strong momentum (fast spike + healthy pullback), which usually signals **continuation**, not reversal. Option has consolidated near **190–200**, indicating **base formation** after the run-up., hence I recommend **NIFTY CE**

Status- FINAL TARGET DONE

29-1-2026 2.15 PM